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## CONTACT INFORMATION

## LIST OF PSYCHIATRIC HOSPITALS / CLINICS IN KENYA

### 1. THE OUTSPAN HOSPITAL: PSYCHOLOGY DEPARTMENT

CONTACT INFORMATION / THE OUTSPAN HOSPITAL- MAIN HOSPITAL

P.O Box 2058-10100, NYERI, KENYA.

0722696901

INFO @OUTSPANHOSPITAL.ORG

HOTLINE: 061-2030742

EMERGENCY LINE: +254 722696901

### 2. CHIROMO LANE MEDICAL CENTRE (CLMC)

LOCATED ON CHIROMO LANE WESTLANDS

ADDRESS: P.O Box 1501-00606

NAIROBI, KENYA

- TEL: 0729 359 501, 0786 265 143
- EMAIL: INFO@CLMC.CO.KE
- BUSTANI@CLMC.CO.KE

### 3. MATHARI NATIONAL TEACHING & REFERRAL HOSPITAL NAIROBI

MATHARI HOSPITAL IS A SPECIALIZED NATIONAL REFERRAL, TRAINING AND RESEARCH PUBLIC INSTITUTION IN MENTAL HEALTH. IT'S LOCATED ALONG NAIROBI-THIKA ROAD.

WITH AN IN-HOUSE CAPACITY OF 700 PATIENTS, MATHARI IS THE MAIN TEACHING PSYCHIATRIC HOSPITAL IN KENYA. IT IS USED AS A TRAINING CENTER FOR MANY INSTITUTIONS INCLUDING THE UNIVERSITY OF NAIROBI AND KENYA MEDICAL TRAINING COLLEGE. BESIDES PSYCHIATRIC TRAINING AND TREATMENT, THE HOSPITAL ALSO OFFERS GENERAL MEDICAL SERVICES INCLUDING MATERNITY AND VCT. IT ALSO HAS A DIABETIC CLINIC, A FULLY-FLEDGED LABORATORY AND X-RAY FACILITIES.

## CONTACT INFORMATION

- TELEPHONE: 0202337694, 020337694

### 4. KENYATTA NATIONAL HOSPITAL: MENTAL HEALTH DEPARTMENT

KENYATTA NATIONAL HOSPITAL IS CURRENTLY THE LARGEST REFERRAL AND TEACHING HOSPITAL IN THE COUNTRY.

## CONTACT INFORMATION

### TELEPHONE:

- 0709 854000
- 0730 643000
- 0722 829500/1

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- 020 4243000
- 020 7244000
- 020 2726300 -11

#### 5. AGA KHAN HOSPITAL: PSYCHIATRIC CLINIC

THE AGA KHAN HOSPITAL KISUMU HOLDS A PSYCHIATRY CLINIC EVERY WEDNESDAY FROM 14H00 TO 16H00

##### CONTACT INFORMATION

##### ADMISSIONS

- TELEPHONE: +254 3662253 OR 3740000 EXT. 2253

##### OUTPATIENT DEPARTMENT RECEPTION

- TELEPHONE: +254 3662029 / 3662254 OR 3740000 EXT. 2029 / 2254

#### 6. MP SHAH HOSPITAL: MENTAL HEALTH CLINIC

MP SHAH MENTAL CLINIC IS OPEN ON MONDAY 8:30AM TO 11:30AM

WEDNESDAY 1:30PM TO 3:30PM

FOR CLIENTS WITH MENTAL HEALTH PROBLEMS: PSYCHOSIS, DEPRESSION, SCHIZOPHRENIA, ADDICTIONS, ETC.

LOCATED ON SHIVACHI ROAD IN PARKLANDS AREA, NAIROBI, KENYA.

##### CONTACT INFORMATION

##### TELEPHONE NUMBERS:

- +254 20 4291 000.
- 0733 606113.
- 0733 606752.
- 0722 204427.
- 0722 783350.

EMAIL:INFO@MPSHAHHOSP.ORG

NB: MP SHAH CLINICS ARE DONE ON BOOKINGS. KINDLY CALL ON WORKING HOURS MONDAY TO FRIDAY 8:00AM-4.30PM, SATURDAY 8:00AM TO 12:30PM. TEL: 020-4291284/327 NURSE, 020-4291000 CLINICS

#### 7. THE NAIROBI WEST HOSPITAL: PSYCHIATRY DEPARTMENT

THEY DO OPERATE THEIR MENTAL HEALTH CLINIC, THEIR BOARD CERTIFIED PSYCHIATRISTS ARE DEVOTED TO THE STUDY, DIAGNOSIS, TREATMENT, AND PREVENTION OF MENTAL DISORDERS. THESE INCLUDE VARIOUS AFFECTIVE, BEHAVIORAL, COGNITIVE AND PERCEPTUAL ABNORMALITIES.

##### CONTACT INFORMATION

- 0722 200 944, 0734 200 944/0722 200 944

ENQUIRY@NAIROBIWESTHOSPITAL.COM/GANDHI AVE, NAIROBI, KENYA

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## 8. MERIDIAN HEALTH GROUP: KARATINA RECOVERY CENTER

KARATINA RECOVERY CENTRE (KRC) WAS ESTABLISHED IN NOVEMBER 2014 AS A RESIDENTIAL REHABILITATION AND TREATMENT CENTRE FOR MENTAL AND BEHAVIORAL DISORDERS, SPECIFICALLY SUBSTANCE ABUSE AND ADDICTION.

### CONTACT INFORMATION

- TEL: (MOBILE) 0719 802 206 | (WIRELESS) 020 – 2691542
- ADDRESS: P.O. Box 50443 – 00200, NAIROBI, KENYA.
- EMAIL: INFO@MERIDIANMEDICALCENTRE.COM

## **PROVINCIAL GENERAL HOSPITALS / REFERRAL HOSPITALS**

ALL PROVINCIAL GENERAL HOSPITALS HAVE THEIR OWN MENTAL HEALTH UNITS.

THESE HOSPITALS ARE

9. NYERI PGH (PROVINCIAL GENERAL HOSPITAL)

10. MOI TEACHING AND REFERRAL HOSPITAL

11. EMBU PGH

12. RIFT VALLEY PGH

13. COAST PGH

14. GARISSA GENERAL PROVINCIAL HOSPITAL

15. JARAMOJI OGINGA ODINGA TEACHING AND REFERRAL HOSPITAL

16. NYASARE PGH